

NEFRODEL

Instructions for medical use of the drug

Trade name: Nefrodel.

International nonproprietary name: Centaury herb, lovage roots, rosemary leaves.

Dosage form: Film-coated tablets for oral administration.

Compound: Each tablet contains:

Centaury herb.....20 mg;

Lovage medicinal roots.....22 mg;

Rosemary leaves.....25 mg;

Excipients:

Microcrystalline cellulose.....220 mg;

Sodium citrate.....5 mg;

Gum arabic.....20 mg;

List of ingredients: centaury herb extract, lovage root extract, rosemary leaf extract, microcrystalline cellulose, magnesium stearate.

Pharmaco-therapeutic group:

Diuretic of plant origin. Other drugs for the treatment of urological diseases.

ATX code: G 04 BX .

Pharmacological properties:

Pharmacodynamics :

The herbal components of the drug affect the system of glomeruli and tubules of the kidneys, which reduces protein excretion in patients with proteinuria. The product quickly eliminates unpleasant symptoms, removes excess fluid from the body, normalizes the concentration of protein in the urine and improves the general condition of the kidneys and urinary tract. For renal colic, it significantly reduces the intensity of pain, accelerates the passage of stones and prevents the development of cystitis.

The use of Nefrodel leads to a rapid reduction in the number of complaints associated with inflammatory diseases of the efferent urinary tract. The drug has anti-inflammatory, antispasmodic, antinociceptive and antibacterial effects. Nefrodel exhibits an antispasmodic effect, analgesic activity and normalizes the frequency of urination.

Nefrodel reduces the adhesion of uropathogenic bacteria to the epithelial cells of the bladder.

The individual components of Nefrodel have antibacterial activity and have a slight diuretic effect, which maintains antibacterial activity as bacteria are flushed out of the urinary tract.

data on the carcinogenic potential of the drug Nefrodel.

Centaury herb extract is one of the classic "bitter herbs" that grows abundantly in the wild. Has a long history of traditional use as a digestive tonic. As an herb, it can stimulate hunger and improve digestion by increasing the production of gastric secretions. Centaury extract has a mild anti-inflammatory and antimutagenic effect.

Lovage root extract is used as an "irrigation therapy" for pain and swelling (inflammation) of the lower urinary tract, to prevent the formation of kidney stones, and to increase urine flow in cases of urinary tract infections or fluid retention.

Rosemary leaf extract is a rich source of antioxidants and anti-inflammatory compounds that are believed to help strengthen the immune system and improve blood circulation. Rosemary is used to improve memory, upset stomach (dyspepsia), joint pain associated with arthritis, hair loss and other conditions.

Indications for use :

- acute and chronic cystitis;
- as an additional treatment in the specific therapy of pyelonephritis, glomerulonephritis, interstitial nephritis;
- prevention of the formation of urinary stones;
- after surgical removal of urinary stones;
- nephrotic syndrome;
- arterial hypertension;
- diffuse renal changes;
- Berger's disease;
- urinary disorders;
- discomfort when urinating, burning and stinging when urinating;
- vesicoureteral reflux;
- nephropathy;
- pyelitis;
- urolithiasis of various parts of the urinary system;
- postoperative condition (related to the urinary system);
- pyelocystitis ;
- urethritis;
- cystalgia;
- urethrocystitis.

Directions for use and dosage:

The contents of the bottle must be shaken before use. The drug is taken orally before or after meals. During treatment with the drug, it is recommended to consume plenty of fluids. The standard duration of treatment with the drug is 21 days. But after achieving this effect, it is necessary to continue taking the drug for another 2-4 weeks to stabilize the condition. The drug is well tolerated and can be used in combination with antibacterial agents, even if long-term use is necessary.

The drug is taken orally, without chewing, with water.

Film-coated tablets:

- adults - 2 tablets 3 times a day;

- school-age children - 1 tablet 3 times a day.

Side effects:

- allergic reactions to the components of the drug (for example, rash, itching);
- gastrointestinal disorders (for example, nausea, vomiting, diarrhea) at the first sign of an allergic reaction, you should stop taking the

drug.

Contraindications:

- increased individual sensitivity to any components of the drug, to other plants of the umbrella family (Umbelliferae) (for example, anise, fennel) or to anethole (a component of essential oils);
- gastric and duodenal ulcers in the acute period;
- children under 6 years of age;
- swelling due to impaired heart or kidney function and/or if limited fluid intake has been recommended by a doctor;
- lactase deficiency, lactose intolerance, glucose-galactose malabsorption;
- isomaltase deficiency, fructose intolerance.

Drug interactions:

Unknown. Combination with antibacterial drugs is possible.

Special instructions:

If you experience prolonged high fever, cramps, blood in the urine, urinary problems, or acute urinary retention, consult your doctor immediately.

Nefrodel contains glucose, sucrose and lactose. Patients with hereditary fructose intolerance, galactose intolerance, lactase deficiency or sucrase- isomaltase deficiency or glucose/galactose malabsorption should not use this drug.

Use in patients with diabetes mellitus:

One film-coated tablet contains approximately 0.020 bread units (BU).

Pregnancy and lactation:

Nefrodel should be taken during pregnancy only as prescribed by a doctor, after the doctor has assessed the benefit-risk ratio of its use and strictly following the instructions for its use. The drug should not be taken by women during breastfeeding.

Overdose: No cases of overdose have been reported. Treatment is symptomatic.

Release form and packaging:

20 film-coated tablets each in a blister made of aluminum foil and PVC/PVDC film.

3 blisters along with instructions for medical use are placed in a cardboard pack.

Storage conditions:

Store in original packaging at a temperature not exceeding 25 ° C.

Keep out of the reach of children.

Do not use the drug after the expiration date.

Conditions for dispensing from pharmacies:

Without a doctor's prescription.

Made for:

MAXX - PHARM LTD
London, Great Britain

